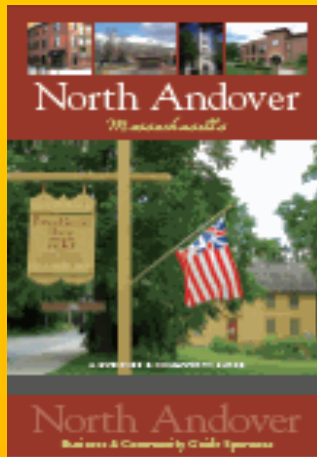


ISSUE

5

OCTOBER



Check out the new North Andover Guide.

Available on the Town website, or pick up a copy at Town Hall or Library.

PARADES AND EVENTS

Check the Town website for dates and times for Veteran's Day Observances as well as Holiday Parade and other celebrations.

PLAN YOUR HOLIDAY EVENT AT THE STEVENS ESTATE!

A great place to hold holiday parties and gatherings. For more information about planning your event, please call Erin at 978-682-7072, email at Erin@StevensEstate.com or visit the website at www.stevensestate.com.



North Andover

Community and Business

NEWSLETTER



New Businesses Open in North Andover



TITLE Boxing Club North Andover is a

fitness club that offers a combination of boxing and kickboxing classes. Each class is unique and offers a new experience in every class. TITLE Boxing Club North Andover offers you a way to strengthen your core faster than any other exercise class. If you are looking for a change, this is where you will find it. People of all fitness levels are welcome to participate and go at their own pace.

The Power Hour will help you burn fat and lose weight by burning up to 1,000 calories! Their kickboxing classes utilize a combination of kicking, punching and heavy bag action. The personal trainers will get your blood pumping and body sweating. They work with all fitness levels and can help you reach your fitness goals. TITLE Boxing Club North Andover is located at Eaglewood shops Plaza located at 137 Turnpike Street.

First Shot Free - TITLE Boxing Club is so excited about their boxing and kickboxing classes that they invite you to have your First Shot Free! You'll love the fun and challenging one-hour classes led by professionals, and you'll love the results even more. Call the club at 978-682-4822 or register online at <http://northandover-turnpike.titleboxingclub.com> or to schedule your First Shot Free at TITLE Boxing Club North Andover!



NOW OPEN— Hokkaido serves a unique fusion of Chinese, Japanese, and Thai cuisine! They are proud to offer a diverse menu of both traditional dishes and innovative specialties. Choose from the freshest sashimi and sushi, savory Thai noodles, Chinese stir-fries, and much more. They use only the freshest ingredients to ensure quality and flavor in each bite! Located at 1250 Osgood Street in North Andover.

Fall 2013 North Andover Restaurant Week

September 29 - October 5, 2013

Please visit the North Andover Merchants Association Website at www.northandovermerchants.org/fall2013restaurantweek.asp for more information and a list of participating Restaurants.



NEWS FROM THE SCHOOL DEPARTMENT

Doors opened the day after Labor Day as we welcomed 4,807 students into our town's schools. This number represents an upturn of 45 students attending North Andover Public Schools, with the largest increases occurring at North Andover High School and at the Thomson School as a result of the opening of an additional Kindergarten classroom there.

School building projects, approved at Town Meeting, continue to progress. The Kittredge gym construction is expected to begin by early October with an estimated completion date of late February or early March. While the approved funding does support the building of the new gym, there is still the need for additional items such as hardwood flooring and wall padding to enhance the quality of the building for students and community. To that end, the Kittredge Elementary School Gymnasium Capital Campaign has been established through community volunteers as a multi-tiered fundraising initiative to support this significant capital investment. In addition, the district's main office project, to be built on the site of the former police department, should complete the design phase soon and go out to bid by early December. Groundbreaking will take place in early spring and full occupancy is projected for the summer of 2015.

The school system has been developing a revised version of a strategic district improvement plan based on guidance from the Department of Elementary and Secondary Education (DESE). This plan is intended to provide a more clearly focused yearly set of strategic objectives and initiatives to improve student achievement with the goal of establishing North Andover Public Schools as Level 1, the highest ranking of schools by the DESE. The community is encouraged to follow progress through the district's website, www.northandoverpublicschools.com, as well as through various communications and meetings both with the school committee and superintendent.

As a school department, we have benefitted tremendously through our collaboration with municipal departments and seek to model the values within the Building Respectful Community initiative that contribute to the academic and social-emotional betterment not only of the schools but the entire community as well.



NEWS FROM THE HEALTH DEPARTMENT

Annual Flu Vaccination Clinics

Elderly & High Risk* Flu Clinic 2013

Senior Center (120 Rear Main Street)

Tuesday, October 15, 2013

8:30-10:30 AM

*everyone 65 and older

*anyone with serious long-term health problems

*anyone with a weakened immune system

Please bring Medicare Part B card or applicable current health insurance card

Family Flu Clinic 2013

N.A. High School Field House

Monday, October 21, 2013

5:00 -7:00 PM

Free with insurance or Medicare card, otherwise a \$20 charge

Flumist is available to all those eligible

PUBLIC HEALTH FISH CONSUMPTION ADVISORY: LAKE COCHICHEWICK

New warning signs have popped up around Lake Cochichewick! If you are a fisherman who enjoys cooking up an occasional catch from the lake, the North Andover Health Department wants you to be aware of the following information.

The Massachusetts Department of Public Health (MDPH) has reviewed more recent fish toxics data

generated by the Department of Environmental Protection for Lake Cochichewick. Mercury has been detected in fish caught from Lake Cochichewick. The mercury level in smallmouth bass was below the Food and Drug Administration Action Level for mercury of 1.0 mg/kg but within a level that may pose health concerns. Mercury may accumulate in individuals who frequently eat fish contaminated with mercury, thus leading to an increased risk of health effects. Fetuses, nursing infants, and young children are particularly sensitive to the developmental and health problems associated with mercury exposure. Because of health concerns associated with exposure to mercury, MDPH offers the following updated recommendations:

RECOMMENDATIONS

1. Children under 12, pregnant women, nursing mothers, and women of childbearing age who may become pregnant should refrain from consuming largemouth bass and smallmouth bass from Lake Cochichewick to prevent exposure of developing fetuses, nursing infants and young children to mercury.

2. The general public should limit consumption of largemouth bass and smallmouth bass caught from Lake Cochichewick to two meals per month.

For more information contact:

Massachusetts Department of Public Health
Bureau of Environmental Health (617) 624-5757